

## Important Announcements

- Change of Learn to Swim programmes structure from January 2026.
- Development Squad discontinued; rebranded as X Lab Junior Squad.
- Launch of online Parent/Student portal of Swim Lab and X Lab websites.

## Reflections

*It has been a memorable and fulfilling journey at Sports Schooling (SS) so far. I joined the team in September 2022 and was immediately immersed in a crash course on coaching fundamentals and operational processes. It was a lot to take in at first, but over time, as I settled into the rhythm of things, everything started to click.*

*What stood out most to me from the very beginning was the supportive and close-knit culture — coaches, front desk, and operations staff all coming together to overcome challenges as one team.*

*When I first joined SS, we had just started operations at the Centre for Movement (CFM) while gradually phasing out our previous site at the Sports Lifestyle Centre (SLC) in Bukit Merah. It was a period of big changes and adjustments; we faced some challenges, including losing students during the transition.*

*However, through teamwork, creative marketing, holiday camps, and community events, we steadily rebuilt and grew our student base at CFM.*

*The company also went through a significant transformation on the operations front, with new leadership and a renewed strategy for growth.*

*While change can be daunting, my colleagues and I believed in the direction we were heading — and it has truly paid off. We've seen steady growth in our student numbers, launched exciting new programs, and successfully hosted numerous events and camps.*

*As we look ahead, I'm excited to continue building on these successes — celebrating every win, both in and out of the pool!*



~ Coach Avi



## Thank you, from all of us at Sports Schooling

As we wrap up an incredible chapter, we want to extend our deepest gratitude to every member of the Sports Schooling community—our students, families, coaches, staff, and partners. Your support, commitment, and belief in what we do have been the foundation of our journey.

Together, we've grown, evolved, and pushed boundaries in and out of the pool. Whether it's the small daily wins or the big milestones, you've been right there with us—and for that, we are truly thankful.

2026 marks our 10th year. A decade of movement, learning, joy, and growth.

We're not just looking back—we're looking forward. We hope to do more, reach further, and do better in the year ahead.

And as we celebrate our 10th anniversary, we're excited to share new experiences, programs, and stories that reflect how far we've come—and where we're headed.

Here's to the next wave of progress, passion, and purpose.

With gratitude,  
The Sports Schooling Team

## Atomic Splash 2025: A Day of Fun, Family & Friendship

Our very first Atomic Splash carnival was truly one to remember! For the first time, we brought together our competitive swimmers and Learn-to-Swim kids for a series of fun races that celebrated both sport and community.

The highlight of the day was without a doubt the Parent & Child Relay, where parents jumped in alongside their children — creating laughter, cheers, and moments to treasure forever. Beyond the races, families enjoyed lively fringe activities, face painting, and endless popcorn, making the carnival a celebration for everyone, in and out of the pool.

A heartfelt thank you goes out to every swimmer, parent, coach, and volunteer who made this event possible. Atomic Splash 2025 was more than just a carnival — it was a showcase of community, joy, and the spirit of swimming. We can't wait to make the next one even bigger and better!

~ Coaches Shenesse & Jordan  
Event leads for Atomic Splash 2025

### What Parents Had to Say about Atomic Splash!

*It was an immensely enjoyable outing for our entire family. Julien, Emma, and Gwyneth relished the opportunity to swim against familiar faces — fellow teammates and their father in the parent-child relay. They did not shy away from swimming with their dad, who is not a competitive swimmer. The event also provided a valuable opportunity for bonding with other parents. Thank you for the wonderful effort in hosting Atomic Splash. — Nicholas, parent of Julien, Emma & Gwyneth (J/B & S/G)*

*Our family had a fabulous time at Atomic Splash 2025. Everyone in the stands was surprised (and thrilled!) to see Joseph Schooling warming up and even competing alongside the swimmers. Another special moment was watching XLab Head Coach Jared join in the races — truly walking the talk! The highlight for us was Marcus' very first relay with his dad, and both had an amazing time. It was definitely a memorable day for all. Thanks to Sports Schooling, all the coaches, and volunteers for making it happen :) — Jane, parent of Marcus (J/B)*

**Atomic Splash is Sports Schooling's annual signature event — time to start training for the next splash-tacular edition!**



Photo Credit: Alvin Joseph, Dennis Lee & Joseph Dinh

## Junior Swim Clinics

*What an amazing way to wrap up our Junior Swim Clinics! The final session in October put the spotlight on race pace training and relay strategies, and it was incredible to watch the juniors challenge themselves, fine-tune their strokes, and master teamwork in the pool.*

*One of the highlights for me was seeing those "aha!" moments — when a swimmer finally nails a technique or works seamlessly with their relay team. Moments like these remind me why coaching is so rewarding.*

*As we dive into the new year, we're thrilled to announce the return of our Junior Swim Clinics — and for those looking to go further, our new High-Performance Swim Clinic is on the horizon.*

*Exciting times ahead!*

*Can't wait to see everyone back in action.*

~ Coach Jared  
Head Coach, X Lab



## Children's Day

*"Coach Pau, do you know...?"*

*How many of you worked on your Children's Day Bingo card?*

*Celebrating Children's Day with our swimmers was such a joy!*

*Each child received a ball and was encouraged to play a fun game of Bingo, and it was amazing to see their excitement and enthusiasm throughout.*

*Even more heartwarming were the moments when kids came back to proudly show us their Bingo achievements.*

*It's always wonderful to see them engaging, learning, and having fun beyond the pool — it reminds us why we love what we do.*

~ Coaches Pau & Syafiq



## 2026 Programme Calendar - What Lies Ahead

*Wow, what a year it's been! Watching our swimmers grow — not just in skills, but in confidence, resilience, and teamwork — has been truly incredible.*

*Looking ahead to 2026, I'm really excited about all the opportunities coming our way. Our calendar is packed with events, from Junior and High-Performance Swim Clinics to an overseas camp for our competitive squad. And yes, Atomic Splash will be back — we hope it becomes a yearly tradition!*

*We're also planning a Charity Swim to give back to the community, plus lots of holiday camps full of learning, laughter, and fun. On top of that, we're putting even more focus on coach development to make sure every session is as supportive and inspiring as possible.*

*We'll also be announcing our Centre for Movement family memberships soon — a way for families to enjoy all our facilities together, share in the joy of movement, and embrace fun, active moments as a family. It's all about bringing our community together around the values we love: movement, growth, and play.*

*I can't wait to see our swimmers continue to challenge themselves, celebrate their achievements, and enjoy every splash along the way.*

*So... are you excited for 2026 as much as I am?*

~ Coach Jade  
Head Coach, Swim Lab

**Our programme calendar will be available from December onwards in the Parent/Student Portal, accessible through the Swim Lab or X Lab website**



## Christmas Gift Voucher

*One of my favorite memories as a coach is receiving little gifts or notes from young swimmers — it's amazing how something so small can mean so much. Their thoughtfulness always reminds me why I love what I do and motivates me to keep helping them grow.*

*This festive season, you can share that joy with your loved ones! Our Sports Schooling Gift Vouchers are a meaningful way to give the gift of swimming — confidence, fun, and skills that last a lifetime.*

*If you want to find out more, just reach out to our Customer Service team. I can't wait to see all the smiles in the pool!*

*Wishing you a joyful and merry Christmas!*

~ Coach Jem



**Please contact our Customer Service team via Whatsapp or email to purchase the Christmas Gift voucher.**



## Holiday Camps 2026

*One of my favourite things about our Centre for Movement Holiday Camps is seeing the kids' excitement as they try new sports, develop their skills, and cheer each other on.*

*There's nothing better than watching them gain confidence while having a blast!*

*From multi-sport fun to skill-focused clinics, our camps are designed to keep children active, engaged, and learning — whether they're just starting out or looking to take their abilities to the next level.*

*Flip over to the next page to see more details — I can't wait to see all the smiles and energy in action!*

~ Ms Thesiga, OPs Manager

**Refer to the last page of our newsletter to read about the camp programmes!**





## **Not so Little Fair and Our Online Store**

*The past few months have been filled with exciting initiatives that brought our Sports Schooling community closer together — from the Not-So-Little Fair to the launch of our Sports Schooling Online Store!*

*The Not-So-Little Fair was a fantastic opportunity to see our students, parents, and coaches come together outside the pool. From games and mini challenges to interactive booths, it was wonderful to see the laughter, energy, and team spirit that define who we are. Events like these remind us that Sports Schooling is more than just a place to train — it's a community where friendships grow and values are built through play and connection.*

*We also launched the Sports Schooling Online Store this year, featuring our official merchandise and gear. The store not only allows our swimmers and supporters to wear their pride but also marks another milestone in building a strong, unified identity for our brand. Seeing our students and families sporting the logo in and out of the pool truly reflects how far we've come together.*

*If you haven't already, we encourage you to visit our online store and check out our growing collection of apparel and swim gear — perfect for training, gifting, or simply showing your team spirit. Every purchase goes a long way in supporting our programs and community initiatives.*

*A big thank-you to everyone who participated, supported, and helped make these initiatives a success. We're excited for what's next — more events, more memories, and more reasons to celebrate being part of Sports Schooling!*

— Coaches Yong Ming & Zaki

This holiday season, let your child explore new passions, build skills, and make unforgettable memories through our exciting range of themed holiday camps! From sports and swimming to performing arts and imaginative adventures, there's something for every young mover.



**Pokémon Adventure Camp**  
**8 - 11 Sep & 24 - 27 Nov (Mon - Thu)**  
**9am - 12pm**  
**Recommended for: 5-12 yr olds**

Step into the Pokémon universe with a camp that blends fun, strategy, and friendly competition! From card battles to tactical challenges, young trainers will develop problem-solving skills, sportsmanship, and creative thinking while having a blast. Perfect for beginners and future Pokémon champions alike!



**From Practice to Play - Tennis Camp**  
**24 - 28 Nov or 1 - 5 Dec**  
**10am - 12pm**  
**Recommended for: Intermediate players aged 7-11 yr olds**

This tennis camp is all about taking your game to the next level! Hone your strokes, sharpen your strategy, and gain real match-play experience in a supportive, tournament-style environment. Perfect for players who want to bridge the gap between practice and competition.



**Sign up here!**

**Step into the Spotlight - Circus & Creative Movement Camp**  
**1 - 4 Dec (Mon - Thu)**

**9am - 12pm**  
**Recommended for: 5-12 yr olds**

Get ready for a high-energy, fun-filled holiday where imagination meets coordination!

Campers will explore acrobatics, balancing tricks, acro-dance combos, and creative movement activities.

A joyful blend of skill-building and self-expression — perfect for kids who love to move, perform, and try something new.



**Wickedly Wonderful - Dance the Drama of Wicked**  
**8 - 11 Dec (Mon - Thu)**

**9am - 12pm (4-6 yr olds) / 2pm - 5pm (7-12 yr olds)**  
**Conducted by: Ms Tan Rui Shan**

Step into the magical world of Wicked and bring its iconic characters to life! Conducted by Ms Tan Rui Shan, through high-energy dance routines, character-inspired movement, and stage-ready choreography, kids will gain performance skills, confidence, and a love for storytelling through dance. A must for young performers who love both movement and theatre!



**Parent-Accompanied Water Play Camp**  
**8 - 10 Dec (Mon - Wed)**

**9am - 11am**  
**Recommended for: 2-4 yr olds**

A gentle, joy-filled introduction to the water for preschoolers — with mum or dad right by their side! Activities include bubble-blowing, float adventures, treasure hunts, and sensory play, all designed to build water confidence in a safe, nurturing environment. Ideal for first-time swimmers and water-loving toddlers.

**Super Swim Camp**  
**8 - 10 Dec (Mon - Wed)**

**9am - 11am**  
**Recommended for: Beginner & intermediate swimmers, aged 4-12 yr olds**

Dive in, power up, and swim strong! This energising camp helps young swimmers refine their strokes, improve endurance, and build confidence in the water — all while having fun. Perfect for kids looking to boost their swimming skills in a supportive, small-group setting.